# Dayanand Vedic College, Orai

# **Department of Psychology**

### **Programme and Course Outcomes**

## **B.A.** (Psychology)

## **Programme Outcomes (POs)**

The programme aims to:

- PO 1 Comprehension about the discipline, its research methods, related theories and models.
- PO 2 Knack to link up theory with individual experiences and varied applied settings.
- PO 3 Capacity to practice professional skills in the area of psychological testing, assessment and counselling.
- PO 4 Development of skills in specific areas related to specific specialization (e.g. psychodiagnostics, counselling, learning disability, health, community mental health and organizational behaviour).
- PO 5 A general understanding about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind.
- PO 6 Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting.
- PO 7 Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues
- PO 8 Development of skills and attributes of empathy, team work, coordination, cooperation, conflict resolution, and congruence.

#### **Programme Specific Outcomes (PSOs)**

- PSO 1 It will also give the learner a clear understanding of the concepts like intelligence, motivation, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.
- PSO 2 Students will be conferred an array of skills to carry out experiments in lab settings, design and conduct psychological experiments/tests ensuring controlled conditions, report writing and interpretations of the report.
- PSO 3 To understand criteria of abnormality and one's own behaviour and behaviours of others.
- PSO 4 To understand the basic principles of developmental, community and positive psychology.
- PSO 5 To frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.
- PSO 6 To understand how to establish rapport and use various approaches in counselling.

# **Course Outcomes (COs)**

Year	Semester		Course Outcomes (COs)
First	I	CO 1	To learn about the fundamental processes and core psychological concepts (intelligence, motivation, emotion and personality), models, classical theories, varied perspectives, and will be able to apply them in their own and in others' lives.  To impart a variety of skills to design and conduct psychological experiments/tests ensuring controlled conditions, report writing and interpretations of the report.
	II	CO 2	To comprehend essentials of psychological testing along with various kinds of tests implemented.
	III	CO 3	To critically evaluate research to understand and explain distressing human social behaviour and relate social psychological concepts and theories to the context of historic and current world, national, and local events.
Second		CO 4	To conduct a psychological experiment for understanding social behaviour as well as psychological measurements and scientific reporting of the data.
	IV	CO 5	To develop the sensitivity towards individual diversity and various approaches to the diagnosis and treatment of psychological disorders.
	V	CO 6	To develop an ability to identify the milestones in diverse domains of human developments across the child, adolescent and adulthood stages, understand the contributions of sociocultural context toward shaping human development and acquire an ability to decipher key developmental challenges and issues.
Third		CO 7	To understand the basic principles of positive psychology, the use of positive psychology tools and techniques in own and in other's life through the wisdom embedded in Indian scriptures like Vedas, Upanishad, Shrimad Bhagwad Gita, Buddhist literature and folk tales.
		CO 8	To frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.
	VI	CO 7	To recognize that individuals relate to their communities and the reciprocal effect of communities on individuals and will be able to understand and resolve community issues, analyse the data, and recommend interventions that promote community wellness.
		CO 8	To understand how to establish rapport and use various approaches in counselling.

# M.A. (Psychology)

# **Programme Outcomes (POs)**

The programme aims to:

- PO 1 Development of skills in specific areas related to specific specialization (e.g. psychodiagnostics, counselling, learning disability, health, and organizational behaviour, sports, social behaviour, child behaviour, personality, education, cross-cultural, psychological processes, physiological basics of behaviour etc.)
- PO 2 Capacity to hone proficient abilities within the range of psychological testing, evaluation and guiding.
- PO 3 Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues, mental and behavioural problems.
- PO 4 Comprehension about the discipline, its research strategies, related hypothesis and models.
- PO 5 Development of ability and skills to work as psychologist.

### **Programme Specific Outcomes (PSOs)**

- PSO 1 To enhance conceptual understanding of history and systems of psychology, cognitive psychology, social psychology, personality theories, clinical psychology, health psychology, community psychology, organizational psychology, counselling and psychotherapy.
- PSO 2 To learn skills related to psychological assessment and intervention and apply them in the community to enhance health and well-being of the people at all levels.
- PSO 3 To understand different aspects of research and develop a strong theoretical foundation in consonance with recent advancements in the field of psychology.
- PSO 4 To learn appropriate parametric and non-parametric statistical techniques for data analysis
- PSO 5 To increase sensitivity to ethical issues and code of conduct of a psychologist.
- PSO 6 To understand about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind in day-to-day life.

# **Course Outcomes (COs)**

Year	Seme ster		Course Outcomes (COs)		
First	I	CO 1	To help students understand cognitive processes and explore their practical implications.		
		CO 2	To learn about the process of research.		
		CO 3	To develop an understanding of theoretical perspectives in social psychology such as, social problems, group processes, social influence and develop an insight of social psychologists.		
		CO 4	To investigate different theories of personality.		
	II	CO 5	To provide an in-depth understanding of human cognition.		
		CO 6	To develop a critical appreciation of different theories of famous psychologists		
Seco nd	III	CO 7	To develop an in-depth understanding of psychopathology.		
		CO 8	To understand the steps of test construction and learn about various psychological tests.		
	IV	CO 9	To learn about psychological theories relevant to workplace.		
		CO 10	To learn about the role of stress and psychological factors in physical diseases.		
		CO 10	To learn about principles and procedures of various psychotherapies.		