

FOOD, NUTRITION AND HYGIENE

COURSE OUTCOME

1. Students are going to learn basic concept of the food and Nutrition.
2. Students will be able to design the diet chart for pregnant Lady, Sick and Normal Individuals
3. Students will learn to plan meals
4. Students will understand the common Health issues of the society and will be able to make remedial plans accordingly.
5. Students will understand the 1000 days nutrition concept and will be able to make diet chart for the individuals.